



TQF.5

Bachelor's Degree

Master's Degree

College of Hospitality Industry Management

TQF.5 Course Report

Course Code: IHR4414

Course Title: Healthy Foods

Credits: 3(3-0-6)

Semester /Academic Year: 2/2021

Students: Bachelor of Arts in Hotel Management
(International Program)

Lecturer(s): Mr. Watcharawish Permsinphantong

College of Hospitality Industry Management

Suan Sunandha Rajabhat University

Course Report

Institution: Suan Sunandha Rajabhat University

Campus/Faculty/Department: College of Hospitality Industry Management

Section1: General Information

- 1. Course title and code:** IHR4414 Healthy Foods 3(3-0-6)
- 2. Pre-requisite:** None
- 3. Faculty Member(s) Teaching the Course and Sections:**

Mr. Watcharawish Permsinphantong

Sections: RB 63

Room No: Online (Google classroom)
- 4. Semester and Academic year:** Semester 2/2021
- 5. Venue:** College of Hospitality Industry Management,
Nakhon Pathom Education Center, Suan Sunandha Rajabhat University

Section 2: Actual Teaching Hours Compared with Teaching Hours Specified in the Teaching Plan

1. Number of actual teaching hours compared with the teaching plan

Topics	No. of teaching hours in the plan	No. of actual teaching hours	Reason(s) (in case the discrepancy is more than 25%)
1. Introduction to Nutrition-1	3	3	Online class
2. Introduction to Nutrition-2	3	3	Online class
3. Using Dietary Recommendations	3	3	Online class
4. Nutrition (Carbohydrate)	3	3	Online class
5. Nutrition (Lipids)-1	3	3	Online class
6. Nutrition (Lipids)-2	3	3	Online class
7. Nutrition (Protein)	3	3	Online class
8. Midterm Examination			
9. Nutrition (Vitamins)	3	3	Online class
10. Nutrition (Water and Minerals)	3	3	Online class
11. Foundation of Healthy Cooking	3	3	Online class
12. Healthy Menus and Recipes	3	3	Online class
13. Marketing Healthy Guests-1	3	3	Online class
14. Marketing Healthy Guests-2	3	3	Online class
15. Cooking Healthy Demonstration	3	3	Online class
16. Course summary and reviews	3	3	Online class
17. Final Examination			
Total	45	45	

2. Topics that couldn't be taught as planned

Topics that couldn't be taught (if any)	Significance of the topics that couldn't be taught	Compensation
N/A	N/A	N/A

3. Effectiveness of the teaching methods specified in the Course Specification

Learning Outcomes	Teaching methods specified in the course specification	Effectiveness (Use ✓)		Problems of the teaching method(s) (if any) and suggestions
		Yes	No	
1. Morals and Ethics (2) Have positive attitudes towards service careers. (4) Have self-discipline, be punctual, responsibility to self, profession and society.	1. Individual assignment 2. Self-study 3. Work in group to discussion about the course information 4. Online class	✓	-	- Class was designed into small sessions to gather students' attentions on given lectures and discussion.
2. Knowledge (1) Have up-to-date knowledge in the management and operation of businesses in the hospitality industry both theories and practices widely, systematically and internationally. (2) Have integrated knowledge in other related disciplines.	1. Lecture with case discussion using power point and stimulated student's attention and curiosity with the topics. 2. Online Learning was distracted students' attention. 3. Individual assignment and self-study.	✓		- Limited facilities and network from both parties may cause students difficult to understand each topic. - Required an extra video and more time each week to assist students' comprehension. - Some students were stay offline during the class due to their personal reasons.

<p>3. Cognitive Skills (2) Be able to apply both theoretical and practical knowledge into real-life problem. (3) Be able to apply innovation and knowledge from other related academic fields in developing working skills.</p>	<p>1. Lecture and case discussion 2. Self-study 3. Online class activities 4. Individual project and research</p>	<p>✓</p>		<p>- Students have less participated due to more distraction when studying online. - Give some examples of video which involves the lesson. - Errors from both parties' network and proper technology equipment.</p>
<p>4. Interpersonal Skills and Responsibilities (1) Have responsibility for individual and group assignments as well as be able to help and facilitate others in solving problems. (2) Be responsible for the improvement of self-academic learning and the profession continuously.</p>	<p>1. Self- study and class participations 2. Online class 3. Student discussion in given topics.</p>	<p>✓</p>		<p>- Some of students just checked-in during online class but no participated while studying. - Use problem-based learning to bring students attentions and participations while teaching online.</p>
<p>5. Numerical Analysis, Communication and Information (1) Be competent in foreign languages in listening, speaking, reading, writing and summarizing the main points effectively.</p>	<p>1. Students use technology tools to create and do the presentation both individual and group. 2. Given keywords and reliable sources as guideline for students to study online.</p>	<p>✓</p>		<p>- Students have different level of knowledge lead to confusion of their understanding. - Use cooperative learning by assigning individual presentation topic within group.</p>
<p>6. Learning Management Skills</p>	<p>N/A</p>	<p>N/A</p>	<p>N/A</p>	<p>N/A</p>

Section 3: Course Outcomes

1. **Number of registered students:** RB (63) 4 students
2. **Number of students at the end of semester:** RB (63) 4 students
3. **Number of students who withdrew (W):** None
4. **Grade distribution**

Grade	No. students (RB)	Percentage
A	-	-
A-	-	-
B+	-	-
B	2	50.00
B-	2	50.00
C+	-	-
C	-	-
C-	-	-
D	-	-
D+	-	-
D-	-	-
F	-	-
Incomplete (I)	-	-

5. **Factors causing unusual distribution of grades (If any):** None

6. Discrepancies in the evaluation plan specified in the Course Specification

6.1 Discrepancy in evaluation time frame

Details of Discrepancy	Reasons
Students have less participated due to more distractions and disappear while arranged recorded online class.	Most students have their personal reasons and claim for their right with some related to technology issues.

6.2 Discrepancy in evaluation methods

Details of Discrepancy	Reasons
Practical group projects cannot arrange due to the Covid-19 situation and have to change to online teaching.	Suggested students how to practice their skills from reliable video online.

7. Verification of students' achievements

Verification Method(s)	Verification Result(s)
Discussed and sharing online teaching techniques and some issues with other lecturers in the program.	Suggestions were discussed and applied for other subjects during the semester.

Section 4: Problems and Impacts

1. Teaching and learning resources

Teaching Problems: N/A	Impacts on students' learning: N/A
Learning Resources Problems: Some network cannot support while students while learning. Some topics require demonstration and practice from students have to change to learning from video online.	Impacts on students' learning: It causes students lack their attention and not willing to practice their skills.

2. Administration and organization

Problems from administration: The improvement progress took long time due to the official system and process.	Impacts on students' learning: Covid-19 and changed to online class were affected students.
Problems from organization: N/A	Impacts on students' learning: N/A

Section 5: Course Evaluation

1. Results of course evaluation by students

1.1 Important comments from evaluation by students

Some students asked to provide 'On-demand' class instead of live online class.

1.2 Faculty members' opinions on the comments in 1.1

Lecturer agrees with student's suggestion, it will help students have more understanding about the study topics.

2. Results of course evaluation by other evaluation methods

2.1 Important comments from evaluation by other evaluation methods

N/A

2.2 Faculty members' opinions on the comments in 2.1

N/A

Section 6: Improvement Plan

1. Progress of teaching and learning improvement recommended in the previous Course Report

N/A

2. Other improvements

N/A

3. Suggestions for improvement for Semester 2 Academic year 2022

Suggestions	Time Frame	Responsible person

4. Suggestions of faculty member(s) responsible for the course

Responsible Faculty Member/Coordinator:

Signature..... Submission Date.....

Chairperson/Program Director:

Signature..... Received Date.....